

Table of Contents

PRELIMINARY PAGES

ACKNOWLEDGEMENT	i
PREFACE	ii
TABLE OF CONTENTS	iii

CONTENTS

First Quarter	
Southeast Asian Music	1
Folk Arts of Southeast Asia	3
Health Related Fitness	5
Family Health	7
SECOND QUARTER	
Music of East Asia	11
East Asian Arts	13
Team Sports	14
Family Life	17
THIRD QUARTER	
Music of Asia (Central, South and West)	20
South, Central, and West Asian Arts	20
Indoor Recreational Activities	23
Disease Prevention and Control (Communicable Diseases)	25
FOURTH QUARTER	
Traditional Asian Music	30
Festivals and Theater Arts of China, Japan, Indonesia & Thailand	31
Regional and National Dances with Asian Influence	32
Prevention of Substance User and Abuse (Cigarettes and Alcohol)	33

